# Lionsgate Academy Transition Resource Packet

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# **Lionsgate Academy Contacts**

If you have questions about any of the information in this packet, including how it might apply for you/your student, please contact the person for the appropriate campus/program.

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Note: Lionsgate Academy has compiled this information in an effort to provide information and resources to the students and families we serve. The information contained in this guide is not indicative of a directive, recommendation, or endorsement from Lionsgate Academy. Back to Top

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# <u>Important Introductory Information</u>

Lionsgate Academy has compiled this information in an effort to provide information and
resources to the students and families we serve. The information in this guide is not indicative
of a directive, recommendation, or endorsement from Lionsgate Academy.

- ☐ There are planning tools listed in this guide on page 4 to help you navigate through the transition age. Although these tools are there to guide you, for many services, it is never too early to begin setting them up. Many providers have waitlists; and oftentimes the process is long to begin services. It is important to be proactive in seeing which services you are interested in and eligible for.
- □ Eligibility for services is based on individual needs, assessments, and government and provider policies. This guide is in no way stating that you will be eligible, but is letting you know what is out there that you may apply to or be assessed for. If you were ineligible in the past for services, you may be able to re-apply or be reassessed for service eligibility. If you are still denied services, but think they are necessary in this transition stage, you may be eligible to re-apply again or appeal the decision.
- □ Policies and procedures change often, and those changes may not be reflected in this guide. Lionsgate Academy will do their best to update policies to the best of their knowledge. The guide will be shared with families annually.

#### **Planning Tools**

- ☐ There are many different tools out there to help you navigate the system and learn when to begin setting up services listed in this guide. Below are different planning tools with timelines that may be helpful to you through this transition age:
  - NEXT STAGE: Pathway to Transition and Long-Term Services and Supports for Autism Spectrum Disorder (ASD)
  - National Association of Special Education Teachers: Transition Planning TimeLine Checklist
    - https://www.naset.org/fileadmin/user\_upload/Forms\_Checklist\_Etc/Transition\_Se
       rvices/Transition\_Planning\_Timeline\_Chklst.pdf
  - ARC Minnesota: Arc Guide to Get Set! For Transition Checklist
    - <a href="https://arcminnesota.org/resource/arc-guide-to-getset-guide-for-transition/">https://arcminnesota.org/resource/arc-guide-to-getset-guide-for-transition/</a>

# **Social Security Information**

- ☐ Contact the Social Security Administration for application to SSI (Supplemental Security Income).
  - SSI- Supplemental Security Income:
    - This is available for people who:
      - 1. Are disabled and meet SSI disability criteria
      - 2. Have total assets less than \$2,000
      - 3. Fall under SSI income limits
  - To Apply you will need:
    - Your Social Security number
    - An original or certified birth certificate
    - W2 form (last years) or check stubs if employed at that time
    - Bank account records (financial records)
    - Names and dosage of medications you take
    - Medical and hospitalization records
    - Psychologist evaluation
    - Note a job coach or DT&H (Day Training & Habilitation) program/supportive employment in the application
  - Apply immediately, even if you do not have all the needed information
  - Contact Information:
    - Phone Number: 1-800-772-1213
    - o TTY: 1-800-325-0778
    - www.socialsecurity.gov
- ☐ Contact Social Security Administration for RSDI (Retirements, Survivors, Disability Insurance).
  - RSDI- Retirements, Survivors, Disability Insurance
    - This is available for people who:
      - 1. Are retired and at least 62 years, are a surviving spouse, or are disabled and meets the SSA (Social Security Administration) disability criteria, and current income is under \$900/month gross
  - A person may also be eligible without sufficient work quarters if they meet the following criteria:
    - Person is disabled and meets the SSA disability criteria prior to age 22;
       and
    - Parent with sufficient work quarters is receiving RSDI benefits or is deceased

- o Current earned income is under limits
- Contact information is the same as SSI above.

# Guardianship, Supported Decision Making & Conservatorship Resources

Prior to a student's 18th birthday, the student and their parent/guardian should discuss if guardianship, supported decision making (SDM), conservatorship, or other alternatives is right for the student.

#### **□** Guardianship:

- When an individual reaches the age of 18, all rights accorded to parents will transfer to the responsibility of that individual unless a legal guardian or conservator has been appointed by the courts. A guardian makes decisions regarding the ward's basic personal needs. Guardians can make decisions based on:
  - Determining place of abode (where the person lives)
  - Care, comfort and maintenance (needs for shelter, nutrition and access to service – including academic and vocational services, ex. Day programs)
  - Reasonable care for personal effects (clothing and furniture)
  - Medical or other professional care
  - Approval or withholding of contracts (Credit cards, phone, etc)
  - Supervisory authority
  - Accessing government benefits
- Guardianship does not include control over financial decision making. If financial decision making is important for the student, the following can be explored: joint bank account, ABLE account, Representative Payee, Special Needs Trust and/or Conservatorship.
  - Conservatorship A conservatorship is a legal process. It removes a
    person's ability to manage their money and estate. A conservator has
    control over one's financial affairs, and is required to report spending and
    financial decisions to the court.
- If guardianship is not obtained, an 18 year old student will be in control of all
  decisions going forward. Lionsgate Academy needs a release signed by students
  who are their own guardians in order to communicate information with parents.
  That release can also be revoked if a student decides they do not want Lionsgate
  in contact with their parents any longer. Similarly, this usually applies for outside
  services as well.
- Guardianship may be appointed to make decisions in only certain areas of an individual's life. To find out more information and what would be best for you, it

may be best to speak with a lawyer about these options. In addition the ARC Minnesota has several resources to support families in understanding the options.

- The ARC Minnesota has a list of attorneys who are familiar with the guardianship process and informa pauperis.
  - Informa pauperis essentially will pay for the attorney fees for guardianship of an adult who has a developmental disability and has limited income.
- A recent psychological assessment is required; which will address the person's ability to make informed decisions.
- If you are looking for more information on guardianship you may contact or research:
  - MN Association of Guardianship and Conservatorship

■ Phone: 651-292-9131

- MN Judicial Branch:
  - Website:

http://www.mncourts.gov/Help-Topics/Guardianship-and-Conservatorship.aspx

- MN Guardianship and Conservatorship Manual: <a href="http://www.mncourts.gov/GetForms.aspx?c=21&f=442">http://www.mncourts.gov/GetForms.aspx?c=21&f=442</a>
- Free legal advice clinics, and free and low-cost legal services (you should speak with a Lawyer about which forms you will need to fill out): <a href="http://www.mncourts.gov/Help-Topics/Find-a-Lawyer.aspx">http://www.mncourts.gov/Help-Topics/Find-a-Lawyer.aspx</a>
- Court Fees: <a href="http://www.mncourts.gov/Help-Topics/Court-Fees.aspx">http://www.mncourts.gov/Help-Topics/Court-Fees.aspx</a>
- If you cannot afford to pay a court fee, you can ask to have the fee reduced or waived:

http://mncourts.gov/Help-Topics/Fee-Waiver-IFP.aspx

The ARC Minnesota:

■ Phone: 952-920-0855

Website:

https://arcminnesota.org/resource/arc-quide-to-quardianship/

Autism, Advocacy & Law Center

■ Phone: 612-200-9920

■ Email: info@autismlawcenter.com

■ Website: <a href="http://autismlawcenter.com/services/quardianship/">http://autismlawcenter.com/services/quardianship/</a>

- o PACER: Parent Advocacy Coalition for Educational Rights
  - https://www.pacer.org/parent/php/PHP-c63.pdf
  - https://www.pacer.org/publications/possibilities/planning-your-childs -future.asp

#### □ Supported decision-making (SDM):

- SDM is often defined as support and services that help an adult with a disability make his or her own decisions by relying on trusted friends, family members, professionals, and others; often includes a student's Circles of Support.
- SDM Resources:
  - The ARC Minnesota:

■ Phone: 952-920-0855

Website:

https://arcminnesota.org/resource/arc-guide-to-guardianship/

Volunteers of America: Minnesota & Wisconsin

■ Website: <a href="https://www.voamnwi.org/cesdm">https://www.voamnwi.org/cesdm</a>

National Resource Center for Supported Decision-Making

Website: <a href="http://www.supporteddecisionmaking.org/">http://www.supporteddecisionmaking.org/</a>

# Minnesota Health Care Program and MA Information

- Minnesota Health Care Program Application (Medical Assistance Application)
  - Complete the application to apply for one or more of the following Minnesota public health care programs:
    - General Assistance Medical Care
    - MinnesotaCare
    - Medical Assistance
  - You can:
    - Print a paper application form:
       <a href="https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6696-ENG">https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6696-ENG</a>
    - Call or go to your county tribal office:
       https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/health-care-programs/contact-us/county-tribal-offices.jsp
    - Call 651-431-2670 or 800-657-3739 and ask to have an application mailed to you
  - The application is also available in:
    - Hmong
    - Somali
    - Spanish
    - Russian
    - Vietnamese
  - Answer all the questions on the application and sign it. If you would like to apply
    for other financial help, besides a public health care program, do NOT use the
    health care application. You would use the Combined Application Form (CAF).
    - CAF: <a href="https://edocs.dhs.state.mn.us/lfserver/Public/DHS-5223-ENG-pform">https://edocs.dhs.state.mn.us/lfserver/Public/DHS-5223-ENG-pform</a>
    - CAF allows for people to apply for multiple assistance programs:
      - Minnesota Family Investment Program
      - Refugee Cash Assistance
      - Diversionary Work Program
      - General Assistance
      - Minnesota Supplemental Aid (MSA)
      - Group Residential Housing (GRH)
      - Supplemental Nutrition Assistance Program (SNAP)
      - Emergency Assistance
    - CAF must be submitted to a County office and you must stay for an interview.

# **DD County Funded Programs and Services**

#### **□** Government Funded Services:

- Minnesota counties provide an abundance of resources which can be utilized by persons with disabilities and are funded through Federal, State, or County programs.
- Someone may be eligible for county disability services if they:
  - Are on MA
  - Are determined to have a developmental disability or a related condition
    - Related condition is:
      - Attributed to cerebral palsy, epilepsy, autism, prader-willi syndrome, or any other condition other than mental illness or an emotional disturbance
      - Found to be closely related to developmental disability because the condition results in impairment of general intellectual functioning or adaptive behavior similar to that of persons with developmental disability and requires treatment or services similar to those required for persons with developmental disability.
      - Is manifested before the person reaches 22 years of age
      - Is likely to continue indefinitely
      - Results in substantial functional limitations in three or more of the following areas- self-care, understanding and use of language, learning, mobility, self-direction, capacity for independent living
  - Be assessed using MnCHOICES or a DD screening and be determined to need the level of care provided in an ICF/DD
  - o Require daily interventions, services, and a 24 hour plan of care
  - Have an assessed need for habilitation, which must be included in the support plan
  - Have an assessed need for supports and services beyond those available through the MA state plan.
- Some disability programs which may be available to you through county funding are:
  - Rule 185- Developmental Disability (DD) Case Management
    - Assists persons with developmental disabilities or related conditions in gaining access to needed social, medical, educational, and other supports and services.

- Traditional DD Waiver-
  - Provides funding for home and community-based services for children and adults with developmental disabilities or related conditions.
  - Services which may be provided if eligible for the Traditional DD Waiver:
    - Adult Day Services
    - Employment Services
    - Respite
    - Day Training and Habilitation Programs
    - Home Modifications
    - PCA and PCA Choice
    - Home Delivered Meals
    - Supportive Living Services (Adult Foster Care)
    - In-Home Family Support Services
    - Transportation
- CDCS Waiver- Consumer Directed Community Supports:
  - You choose or design the services and supports that fit your assessed needs, and hire the people you want (including parents and spouses) to deliver those services. Services must be related directly to the eligible individual, and their disability. Someone may be eligible for a service that another person is not.
  - Services which may be provided if you are eligible for the CDCS Waiver-
    - Adult Day Services
    - Respite
    - Day Training and Habilitation
    - Employment Services
    - PCA (Personal Care Attendant)/Support Staff
    - Home Delivered Meals
    - In-Home Family Support Services
    - Transportation
    - Therapy
    - Sensory Items
    - Communication Devices
    - Internet/Cell Phone
    - Fence
    - Security Alarms

- Home Modifications
- Adaptive Rec
- CSG- Consumer Support Grant:
  - Allows eligible consumers to convert the state portion of payments for specific home care services into a cash grant. They have greater flexibility and freedom of choice in services selection, payment rates, services delivery specifications and employment of service providers. Parent's spouses, friends, and family members can be paid for services.
  - Some services you may utilize if eligible for CSG:
    - Adaptive Rec
    - Chore services
    - Companion services
    - Medical equipment
    - Family counseling
    - Home adaptations
    - Home delivered meals
    - PCA
    - Respite
    - Transportation
- FSG- Family Support Grant:
  - Provides state cash grants to families of children with certified disabilities.
  - Supports families in transition-related activities for dependents ages
     14 through 24.
  - Prevents out-of-home placement for children who have disabilities
  - Promotes family health and social wellbeing
- PCA- Personal Care Assistance:
  - Provides assistance and support for living independently in the community.
  - Services you may be provided with if eligible for PCA:
    - Activities of daily living
      - Dressing, grooming, bathing, eating, transfers, toileting
    - Instrumental activities of daily living
      - Plan and prepare meals, shop for food, clothing, and more
    - Observation and redirection of behaviors

- Health-related procedures and tasks
- To apply for disability services you may call your local county social services agency to set up a MnCHOICES assessment and see what you would be eligible for.
  - Anoka County- (763)-324-1450
  - o Carver County- (952)-361-1999
  - o Chisago County- (651)-213-5200
  - o Dakota County- (651)-554-6336
  - Hennepin County- (612)-348-4111
  - o Ramsey County- (651)-266-3613
  - Scott County- (952)-496-8556
  - Sherburne County- (763)-765-4000
  - Washington County- (651)-430-6484
  - Wright County- (763)-684-8435

# **Mental Health Services**

- ☐ Mental Health Services are funded in a variety of ways. Some services may be covered under a waiver, and other things may be covered under MA.
  - Medical Assistance (MA):
    - Medical assistance can cover some services for people who are in need of mental health services. Some services that you may be eligible for are:
      - Adult Rehabilitative Mental Health Services (ARMHS)
      - Child Therapeutic Services and Supports (CTSS)
      - Behavior Analyst (BA)
      - Therapy
  - Community Access for Disability Inclusion (CADI) Waiver:
    - You may be eligible for the CADI Waiver if you are:
      - Eligible for MA based on disability or other eligibility status
      - Certified disabled by Social Security or the State Medical Review Team (SMRT) process
      - Younger than 65 years old at the time of opening the waiver
      - Assessed using MnCHOICES to assess the level of care provided in a nursing facility
      - Have an assessed need for supports beyond those available through the MA state plan
    - There are two different types of CADI Waiver:
      - <u>Traditional Waiver</u>- provides home and community-based services to children and adults with disabilities who require the level of care provided in a nursing facility. These services are an alternative to institutionalization. They help a person live as independently as possible in community settings and promote optimal health, independence, safety and community integration. Some services covered under this waiver are:
        - 24 Hour emergency assistance
        - Adult day services
        - Case management
        - Chore services
        - Crisis respite
        - Employment services
        - Home modifications
        - Home care services
        - Adult and child foster care
        - Home-delivered meals
        - Homemaker services

- Housing access coordination
- Independent living skills
- In-home family supports
- Positive support services
- Respite
- Transitional services
- Transportation
- Consumer Directed Community Support (CDCS) Waiver- You choose or design the services and supports that fit your assessed needs. Services must be related and benefit directly to the eligible individual and their disability or condition. Someone may be eligible for a service that another person is not. Some services that may be covered under CDCS are:
  - 24 Hour emergency assistance
  - Adult day services
  - Behavior Supports
  - Case management
  - Chore services
  - Crisis respite
  - Employment services
  - Financial Management Services (FMS)
  - Home modifications
  - Home care services
  - Adult and child foster care
  - Home-delivered meals
  - Homemaker services
  - Housing access coordination
  - Independent living skills
  - Internet access
  - In-home family supports
  - Positive support services
  - Respite
  - Special Diets
  - Support Planner
  - Therapies
  - Thickening Agents
  - Transitional services
  - Transportation
  - Vehicle Modifications

- To apply for disability services you may call your local county social services agency to set up a MnCHOICES assessment and see what you would be eligible for.
  - Anoka County- (763)-324-1450
  - Carver County- (952)-361-1999
  - Chisago County- (651)-213-5200
  - Dakota County- (651)-651-554-6336
  - Hennepin County- (612)-348-4111
  - Ramsey County- (651)-266-3613
  - Scott County- (952)-496-8556
  - Sherburne County- (763)-765-4000
  - Washington County- (651)-430-6484
  - Wright County- (763)-684-8435
- In a crisis, there are phone numbers you can call to receive the help and support that you may need.
  - You may call the National Suicide Prevention Lifeline
    - 1-800-273-TALK(8255)
  - Text the crisis text line
    - Text "MN" to 741741
  - Call CRISIS
    - **274747**
  - County Crisis Line- the county can provide you with an abundance of resources such as:
    - Emergency services
    - Short-term hospital inpatient treatment
    - Adult Rehabilitative Mental Health Services (ARMHS)
    - Assertive Community Treatment
    - Certified community behavioral health clinics
    - Certified peer specialist
    - Crisis response
    - Day treatment
    - Dialectical Behavior Therapy (DBT)- Intensive outpatient treatment
    - Education and prevention services
    - Employment services
    - First episode psychosis
    - Residential treatment Services
    - Mental health targeted case management
    - Outpatient services

- Partial hospitalization program
- Crisis numbers are listed below by county:
  - Anoka County- (763)-755-3801
    - Anoka County Behavioral Health Services:
       <a href="https://www.anokacounty.us/2398/Behavioral-Health-Services">https://www.anokacounty.us/2398/Behavioral-Health-Services</a>
       <a href="mailto:services">s</a>
  - Carver County- (952)-442-7601
    - Carver County 24/7 Crisis Mental Health:
       <a href="https://www.co.carver.mn.us/departments/health-human-services/behavioral-health/24-7-crisis-mental-health">https://www.co.carver.mn.us/departments/health-human-services/behavioral-health/24-7-crisis-mental-health</a>
  - Chisago County- 1-(800)-523-3333
  - Dakota County- (952)-891-7171
    - Dakota County Mental Health: <a href="https://www.co.dakota.mn.us/HealthFamily/MentalHealth/Pa">https://www.co.dakota.mn.us/HealthFamily/MentalHealth/Pa</a> <u>ges/default.aspx</u>
    - clsintake@co.dakota.mn.us
  - Hennepin County- (612)-596-1223
    - Hennepin County Mental Health Emergencies:
       <a href="https://www.hennepin.us/residents/emergencies/mental-health-emergencies">https://www.hennepin.us/residents/emergencies/mental-health-emergencies</a>
    - socialservices@hennepin.us
  - Ramsey County- (651)-266-7900
  - Scott County- (952)-818-3702
    - Scott County Mental Health Center: <a href="https://www.scottcountymn.gov/290/Mental-Health-Center">https://www.scottcountymn.gov/290/Mental-Health-Center</a>
  - Sherburne County- 1-(800)-635-8008
    - Sherburne County Mental Health: https://www.co.sherburne.mn.us/547/Mental-Health
  - Washington County- (651)-275-7400
    - Washington County Adult & Child Mental Health: https://www.co.washington.mn.us/798/Mental-Health
    - askcommunityservices@co.washington.mn.us
  - Wright County- 1-(800)-635-8008

#### **Housing Options**

- ☐ Housing Settings- If you are looking for housing, you may want to begin your housing process with getting a county case manager if you have not yet done so. Individuals most likely need to be on Traditional DD Waiver to receive county funding for services.
  - Independent Apartment:
    - You can search for an apartment to live in independently without services.
    - You would be in charge of all personal and home cares.
  - Independent Apartment with Supportive Living Services (SLS), or Semi-Independent Living Skills (SILS):
    - \*SLS and SILS are very similar services, but they are mainly called different things for billing purposes.
    - You would search for an apartment to live in independently, but would be connected with services to come assist with areas you need help.
    - SILS and SLS could help with cooking, cleaning, shopping, making lists, budgeting, and other home care needs.
    - Hours would vary based on your needs. You could have services daily, three days a week, once a week, etc.
    - This is not typically a 24 hour service. If you need 24 hour care, you will most likely need to find a different housing setting.
  - Supportive Apartments:
    - You, a county case manager, or a housing access coordinator would help search for a supportive apartment unit.
    - Supportive apartments would have SLS services provided based on individual needs, along with 24 hour services available for emergencies.
  - Adult Foster Care:
    - Corporate (Group Home): The foster care home is operated by a corporation with shift staff delivering services to clients.
      - Provide 24 hour care
      - Some have awake overnight staff to assist individuals who may need help at night.
      - Provide services that assist with personal cares such as grooming, bathing, hygiene, toileting etc..
      - Provides services that assist with home cares such as cooking, cleaning, laundry, budgeting, etc..
    - Traditional (Family): The foster care provider lives in the residence and is the primary caregiver to the client in the home.
      - Live in the home of the main caregiver who provides 24 hour care.

- Provide services that assist with personal cares such as grooming, bathing, hygiene, toileting, etc..
- Provides services that assist with home cares such as cooking, cleaning, laundry, budgeting, etc.
- Adult Caregiver-Roommate (Rumi)
  - Rumi is a local service that matches individuals that have a disability waiver with a compatible caregiver-roommate who can provide a designated level of caregiving. The person with a disability has the power to decide who they would like to live with, and which area they would like to be in. There may be an option for two or more people to live with the same caregiver, if they are looking to live with a friend or two.
    - Main Website: <a href="https://meetmyrumi.com/">https://meetmyrumi.com/</a>
    - Frequently Asked Questions: <a href="https://meetmyrumi.com/faq/">https://meetmyrumi.com/faq/</a>
    - September 2019 Star Tribune Article:

      <a href="https://meetmyrumi.com/wp-content/uploads/2019/09/Rumi-in-Star-Tribune.pdf">https://meetmyrumi.com/wp-content/uploads/2019/09/Rumi-in-Star-Tribune.pdf</a>
    - This program is very fluid, and they are willing to be innovative. They have experience walking families through the process if you are looking for help. If you have a vision it may be beneficial to speak with them about what you want for your future, and see if they have the means to make it work.

#### **Employment Services**

#### **□** Employment Services:

- Beginning Employment Services:
  - Pre-Employment Transition Services (Pre-ETS)
    - Pre-ETS are available to high school students who are eligible and
       "potentially eligible" for Vocational Rehabilitation Services starting at age
       14.
    - Pre-ETS offers services and supports in the following 5 areas:
      - Job Exploration Counseling
      - Work Based Learning
      - Counseling on Post-Secondary Options
      - Workplace Readiness Training
      - Instruction in Self Advocacy
    - Lionsgate Academy schools have Pre-ETS Representatives assigned to work with our students. To learn more about these free services please contact your assigned Representative at the information below:
      - Minnetonka
        - Lauren Srdar: lauren.srdar@state.mn.us
      - Shoreview & Lynx
        - Megan Mulkey: <a href="mailto:megan.mulkey@state.mn.us">megan.mulkey@state.mn.us</a>
    - Pre-Employment Transition Services Introduction Video
    - Website: <a href="https://mn.gov/deed/job-seekers/disabilities/youth/pre-ets/">https://mn.gov/deed/job-seekers/disabilities/youth/pre-ets/</a>
  - Vocational Rehabilitation Services (VRS):
    - Many students with disabilities begin their employment search through VRS. You may be eligible for VRS services starting in 11th grade. They may not be as active until you are closer to graduation, but they will still continue check-in's and observations.
    - Additional Information on VRS located here
  - County Funded Services:
    - If you are ineligible for VRS, and already have a county case manager they may be able to set up county funded employment services for you based on your needs and eligibility. Speak with them about starting services.
    - If you are ineligible for VRS and do not have a county case manager, you should set up a MnCHOICES Assessment, and apply for Medical Assistance to find out what you may be eligible for.
- Types of Employment Services Include:

- <u>Exploration</u>: Services that will help explore employment options and allow people with disabilities to gain work experience. They are then able to make a choice about working in competitive employment in the community.
- <u>Placement/Development</u>: This service will help people with disabilities find competitive employment. They will work on interviewing, applying, resumes, and professional skill building.
- Support Services: This service will help individuals with disabilities maintain their competitive employment in the community in an individual or group setting. This may look like checking in on a daily, weekly, or monthly basis, or being one on one every day depending on the individual's needs.

#### **Vocational Rehabilitation Services**

#### ■ VRS- Vocational Rehabilitation Services:

- Vocational Rehabilitation Services, or VRS, is the part of the Department of Employment and Economic Development (DEED) that offers supports for people with disabilities to prepare for, obtain, maintain and advance in competitive integrated employment.
- VRS often contracts with other providers to help people with disabilities work on three different steps and processes depending on the client's specific needs and employment goals:
  - Exploration- finding out if they want to work and what they are interested in doing for a living
  - Placement/Development- finding competitive employment in the community. Helping with resumes, applications, interview skills, etc.
  - Support- helping with training and job coaching. Typically they will follow for 90 days after job placement until a permanent provider is able to begin if necessary.
- Lionsgate Academy schools have a VRS Counselor assigned to work with our students. To apply for these free services please contact your assigned Counselor at the information below:
  - Minnetonka
    - Jillian Hirschfeld: <u>jillian.hirschfeld@state.mn.us</u> 952-368-7187
  - AIM/Lynx/Shoreview
    - Gina Schuenke: <a href="mailto:gina.schuenke@state.mn.us">gina.schuenke@state.mn.us</a> 651-398-3374
- Website: https://mn.gov/deed/job-seekers/disabilities/

# **Transportation Information**

#### **☐** Transportation Information:

Metro Transit

Website: <a href="https://www.metrotransit.org/">https://www.metrotransit.org/</a>

Customer Relations Phone Number: 612-373-3333

Limited Mobility Application:

Website: <a href="https://www.metrotransit.org/Data/Sites/1/media/pdfs/limitedmobility">https://www.metrotransit.org/Data/Sites/1/media/pdfs/limitedmobility</a> /limite

- NEMT- Non-Emergency Medical Transportation:
  - Transportation for individuals with MA to attend medical and mental health appointments.

■ Website: <a href="https://www.mtm-inc.net/healthcare/nemt/">https://www.mtm-inc.net/healthcare/nemt/</a>

■ Phone Number: 866-467-1724

MVTA- Minnesota Valley Transportation Authority (South Metro)

Website: <a href="https://www.mvta.com/">https://www.mvta.com/</a>Phone Number: 952-882-7500

- Lyft
  - Some counties have, or are going to pilot a Lyft program. This program will allow waivers to pay for people with disabilities to utilize Lyft as transportation in the community.
  - Talk to a County Case Manager to see if they are offering Lyft in your area.

#### **Informational Resources Available**

#### □ Other Resources:

- PACER- Parent Advocacy Coalition for Educational Rights
  - Resource Lists
  - Networking
  - Catalogue of publications for transition issues
  - Assistive technology consultation and lending library
  - Website: <u>www.pacer.org</u>
  - Transition Specific Webpage: <a href="https://www.pacer.org/transition/">https://www.pacer.org/transition/</a>
  - Link to PACER's Minnesota Secondary Transition Toolkit: https://www.pacer.org/publications/MDE-Toolkit-2017.pdf
- Disability Hub
  - Free statewide resource network that helps you solve problems, navigate the system and plan for the future. You can request information on things such as:
    - Health insurance options
    - Living opportunities
    - Employment opportunities
    - How employment affects benefits
    - Learning new skills
  - Website: <u>www.disabilityhubmn.org</u>
    - Online chat option
  - o Phone number: 1-866-333-2466
- DB101- Disability Benefits:
  - Gives you the tools and information on health coverage, benefits, and employment. You can plan ahead and learn how work and benefits go together. Also provides an online estimator which helps you get ready for a change in your work or benefits, or to learn how benefit rules may apply to you.
  - Website: <a href="https://mn.db101.org/">https://mn.db101.org/</a>
    - Online chat option
  - o Phone number: 1-866-333-2466
- Minnesota Autism Resource Portal
  - Website: <a href="https://mn.gov/autism/">https://mn.gov/autism/</a>
- Disability Minnesota

https://mn.gov/disability-mn/

#### **Rec and Leisure Activities**

#### ☐ Rec and Leisure:

- Adaptive rec and leisure activities:
  - Dakota County Rec Directory:
    - https://www.co.dakota.mn.us/HealthFamily/Disabilities/Services/Documents/Recreational Directory.pdf
  - Special Olympics Minnesota:
    - https://specialolympicsminnesota.org/
  - St. Paul Adaptive Rec Directory:
    - https://drive.google.com/file/d/0B3ibypjLI64WOUIsRXZMMW5KMms/view
  - Project Explore:
    - Based out of Rosemount
    - https://sites.google.com/apps.district196.org/project-explore/home
  - REACH for Resources Adaptive Rec:
    - Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Chanhassen, Chaska, Maple Grove, and St. Louis Park
    - https://www.reachforresources.org/services/adaptive-recreation/
  - The TAP: Proudly Dis-Labeled
    - Based in Saint Paul
    - https://yourtap.org/
  - Adaptive Recreation & Learning Exchange
    - Bloomington, Edina, Richfield and Eden Prairie
    - https://www.richfieldmn.gov/departments/parks-and-recreation/programs-athletics/adaptive-programs-inclusion
  - AUSM
    - Based in St. Paul
    - https://ausm.org/
  - True Friends
    - https://truefriends.org/
  - Camp of Champs
    - https://www.campofchampsmn.com/
- Community Activities:
  - Grand Slam Sports- Mini golf, batting cages, laser tag, bumper cars, arcade, and go karts.
    - Coon Rapids- 763-427-1959
    - Burnsville- 952-224-0413
  - Hennepin History Museum- history of Hennepin County
    - Minneapolis- 612-870-1329
    - https://hennepinhistory.org/
  - Como-Harriet Streetcar Line- Streetcar rides and museum
    - Minneapolis- 952-922-1096
    - https://trolleyride.org/como-harriet-streetcar/
  - o Minnesota Landscape Arboretum- A place dedicated to conservation and protection of plants

- Chaska- 952-443-1400
- https://www.arboretum.umn.edu/
- Minnesota State Capitol- take a tour where Minnesota state laws are made
  - St. Paul- 651-296-2881
  - http://www.mnhs.org/capitol
- \*Bell Museum of Natural History- Minnesota's wildlife
  - St. Paul- 612-624-7083
  - https://www.bellmuseum.umn.edu/
- Chanhassen Dinner Theater- The nation's largest professional dinner theater complex
  - Chanhassen- 952-934-1525
  - https://chanhassendt.com/
- Mall of America- Shop and eat
  - Bloomington- 952-883-8800
  - https://www.mallofamerica.com/
- Mill City Museum- Antique milling equipment and stories from the what farms
  - Minneapolis- 612-341-7555
  - http://www.mnhs.org/millcity
- Wabasha Street Caves and Gangster Tour- Cave tours
  - St. Paul- 651-224-1191
  - http://www.wabashastreetcaves.com/
- o St. Paul Winter Carnival- oldest and largest festival in the nation
  - St. Paul- 651-223-4700
  - https://www.wintercarnival.com/
- \*Science Museum of Minnesota
  - St. Paul- 651-221-9444
  - https://www.smm.org/
- Gibbs Farm Museum- A glimpse into nineteenth century pioneer and Dakota daily life
  - St. Paul- 651-646-8629
  - https://www.rchs.com/gibbs-farm/
- Walker Art Center and Minneapolis Sculpture Garden
  - Minneapolis- 612-375-7585
  - https://walkerart.org/
- Weisman Art Museum
  - Minneapolis- 612-625-9494
  - https://wam.umn.edu/
- Mississippi River Cruises/Padelford- Riverboat cruises that depart from Harriet Island Regional Park
  - St. Paul- 651-227-1100
  - https://riverrides.com/
- James J. Hill- tour of the mansion
  - St. Paul- 651-297-2555
  - https://www.mnhs.org/hillhouse
- Outlets at Albertville- outlet mall
  - Albertville- 763-497-1911
  - https://www.premiumoutlets.com/outlet/albertville
- Great Wolf Lodge- Indoor waterpark
  - Bloomington- 763-566-8855

- https://www.greatwolf.com/minnesota
- \*Minnesota Zoo
  - Apple Valley- 952-431-9500
  - http://mnzoo.org/
- Gameworks
  - Bloomington- 612-656-7300
  - https://www.gameworks.com/
- Aamodt's Apple Farm
  - Stillwater- 651-439-3127
  - https://www.aamodtsapplefarm.com/
- Pine Tree Apple Orchard
  - White Bear Lake- 651-429-7202
  - http://www.pinetreeappleorchard.com/
- Valleyfair
  - Shakopee- 952-445-7600
  - https://www.valleyfair.com/
- Bunker Beach Aquatic Center- outdoor waterpark
  - Coon Rapids- 763-767-2895
  - https://www.bunkerbeach.com/
- Como Zoo
  - St. Paul- 651-487-8200
  - https://comozooconservatory.org/
- SeaLife at Mall of America- Aquarium with thousands of aquatic creatures
  - Bloomington- 952-883-0202
  - https://www.visitsealife.com/minnesota/
- Nickelodeon Universe at Mall of America- Roller coasters, water rides, and more
  - Bloomington- 952-883-8800
  - https://nickelodeonuniverse.com/home/
- Dave and Busters
  - Edina Southdale Center- 612-913-5900
  - Maple Grove- 763-493-9815
  - https://www.daveandbusters.com/
- Pinz- bowling, laser tag, and arcade games
  - Oakdale- 651-770-8000
  - http://www.pinz.com/
- \*The Works Museum
  - Bloomington 952-888-4262
- \*Stages Theater
  - Hopkins 952-979-1111
  - https://www.stagestheatre.org/
- \*Guthrie Theater
  - Minneapolis 612-377-2224
  - https://www.guthrietheater.org/
- \*Minnesota History Museum
  - St. Paul 651-259-3000
  - https://www.mnhs.org/
- \*YMCA

- Various locations throughout the twin cities
- https://www.ymca.net/
- \*Great Lakes Aquarium
  - Duluth
  - https://glaquarium.org/
- \* Discounts with Medical Assistance may apply at these locations