Tested positive for COVID-19? Here's what to do!



This is the day you tested <u>positive</u> for COVID19 or the day your symptoms started.



Are your symptoms <u>not</u> improving and/or do you still have a high fever/diarhea/vomiting?

Eat in a private area away from other staff/students

- Do NOT return to school/work until symptoms have improved, without the use of medications.
- Stay home until you're fever/diarhea/vomit-free for 24 hours without medication.
- Talk to your healthcare provider.

OK to return to school/work.

Must wear a mask through day 10.

Please note, symptoms such as loss of taste or smell can last for weeks/months after you feel better. These symptoms should not delay the end of isolation and it is safe for you to return to school/work.

Families and CM's should notify the campus Health Office or nurse@lgamn.org. All LGA Employees should notify their direct supervisor, scheduler and HR.

If you have been in **direct** contact with a known POSITIVE COVID-19 individual, wear a mask and test on day 5. Test earlier if you develop symptoms. You can develop COVID-19 up to 10 days after you have been exposed.